



S.T.A.R.S. is so excited for another year of our adaptive riding program for people with disabilities in the Brookings community. What follows is the rider application. Space is limited, so please register as soon as possible.

New this year we are going to try to increase the horse-participant interaction time. What this means is offering horse contact both from the ground and on horseback. Brushing, leading and riding all offer unique opportunities for increasing strength and motor skills, improving communication and confidence and more!

There will be three sessions offered this year. You may register for more than one session providing space is available. Participants will be assigned to a time slot based on skill level and first come, first served basis. Sessions take place at the Circle H Stables (1510 28th Ave. West, Brookings, SD 57006) in the outdoor arena.

Session #1 \$80 **June 5, 10, 12, 17, 19, 24, 26, July 1**
5:30-6:00 6:00-6:30 6:30-7:00 7:00-7:30

this session will include some ground interactions with horses as well as riding adapted to individual abilities and may include games, exercises on & off horseback, riding patterns and other challenges.

Session #2 \$80 **July 8, 10, 15, 17, 22, 24**
5:30-6:00 6:00-6:30 6:30-7:00 7:00-7:30

this shorter session will include extra interactions with the horses on& off horseback according to the participant's abilities. Great choice for those who may want a longer horse experience each session.

Session #3 \$80 **August 5, 7, 12, 14, 19, 21, 26, 28**
5:30-6:00 6:00-6:30 6:30-7:00 7:00-7:30

this session will include some ground interactions with horses as well as riding adapted to individual abilities and may include games, exercises on& off horseback, riding patterns and other challenges.

The fee per session is \$80. There is a discount for multiple-family members participating (2 family members for \$120.00). If you need financial assistance please email the S.T.A.R.S. Director at brookingsstars.director@gmail.com

Riding boots are preferred for safety. At the minimum, closed toe and enclosed heels are mandatory. Long pants are required to prevent sores from equipment. Helmets are required when participants are interacting with horses and helmets will be provided by S.T.A.R.S.

Please return your Rider Application form by May 1st to: STARS PO Box 974 Brookings, SD 57006 OR email brookingsstars.director@gmail.com

We are excited to share this experience with you!

Sincerely,

Valerie Hicks

S.T.A.R.S. Director

Brookingsstars.director@gmail.com



WARNING: Under South Dakota law, and equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risks of equine activities, pursuant to 42-11-2.